

January 15-17, 2010 Kagami Biraki

A Free Seminar

Join Twin Cities Aikido Center in celebrating Kagami Biraki in a free three day seminar with Cal Blanchard, 4th Dan, our Chief Instructor.

See www.tcaikido.com for updated information and schedule.

Schedule of Sessions & Events

Friday Jan 15

5:30-7:30pm — *Class(es)*

Saturday Jan 16

10:00-12:00am — *Class(es)*


2:00-4:00pm — *Class(es)*

7:00pm — *Potluck*

Sunday Jan 17

10:00-12:00am — *Class(es)*

2:00pm — *Kyu Tests*



合氣道 Twin
Cities
Aikido
Center
2390 University Ave
St. Paul, MN 55114
(651) 644-3360



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**Twin Cities Aikido Center
St. Paul, Minnesota**

Participant Registration Form

Name _____ Dojo _____ Rank _____
Address _____
Phone _____ E-mail _____

Days you will attend
(circle) Sat Sun

Emergency contact _____ Phone _____

*Please make checks payable to Twin Cities Aikido Center.

Questions? Please e-mail us (tcaikido@yahoo.com) or call (651) 644-3360

Visitor Release Form

In consideration of permitting me to participate in programs offered by the Twin Cities Aikido Center, Inc., and the opportunities to use the facilities at the Center or other Center practice facilities, I agree to release the Center, its board members, officers, any instructors, and members from any and all claims and damages I may incur in connection with the use of the facilities at the Center or other Center practice facilities. I recognize that the practice of Aikido may share hazards of any martial art or strenuous physical activity and I assume and agree to be responsible for any injuries, which might occur to me during the practice of Aikido during any other use of the facilities of the center or other Center practice facilities.

I acknowledge that it is my personal responsibility to consult with my own medical advisors concerning my fitness for participation in any sport and that I will pay any medical costs, including emergency medical costs for me, as a result of any injuries or condition I incur at the Center or its rented space. It is acknowledged that the Center does not carry any liability insurance or other insurance that would compensate me for injuries I might incur while at the Center or other Center practice facilities.

Videos or other pictures may be taken by the Center for use on its web site or other promotional purposes. I hereby give permission for videos or pictures to be taken of me; give my permission for the Center to reproduce, publish and distribute them at its discretion, and release the Center of any liability with regard to using pictures of me.

Signature _____ Date _____

Questions? e-mail tcaikido@yahoo.com · call (651) 644-3360 · visit www.tcaikido.com